

## LOUISVILLE Cyril Allgeier Athletic Center

## **Louisville Parks and Recreation Athletics Department**

2023 Fall Schedule August - October *Subject to Change	Monday Programming Hours 9:00a – 8:00p	Tuesday Programming Hours 9:00a – 8:00p	Wednesday Programming Hours 9:00a – 8:00p	Thursday Programming Hours 9:00a – 8:00p	Friday Programming Hours 9:00a – 6:00p	Saturday Programming Hours 8:00a – 6:00p
Recreation Supervisor Sam Hennegan samantha.hennegan@louisvilleky.gov	OPEN Beginner Pickleball 9am – 11:30 am		OPEN Beginner Pickleball 9am – 11:30 am	Intermediate Pickleball League 9am – 10:30 am (Outdoor)	Beginner Pickleball League 9am – 10:30 am (Outdoor)	OPEN Beginner Pickleball 9am – 11:30 am
Recreation Supervisor  J Scruggs  jalana.scruggs@louisvilleky.gov	OPEN Intermediate Pickleball 11:30am – 2:00 pm	55+ Senior Basketball 11:30am–1:30pm	OPEN Intermediate Pickleball 11:30am – 2:00 pm	55+ Senior Basketball 11:30am-1:30pm	OPEN Advanced Pickleball 11:30am - 2:00pm	OPEN Intermediate Pickleball 11:30am – 2:00 pm
	Open Volleyball 3pm – 5:30pm Half Court Basketball 3pm – 5:30pm	Adult 5 v 5 Basketball 1:30pm–8pm	Open Volleyball 3pm – 5:30pm Half Court Basketball 3pm – 5:30pm	Adult 5 v 5 Basketball 3pm–5:30pm	All Ages Basketball 2pm – 6pm	All Ages Basketball 2pm – 6pm
Gym & Multipurpose Room available for rental Rental Rate \$50 per hour	Partner Pickleball League 6pm – 8:30 pm	Konnected Thru Karate 7pm - 8pm	All Ages Basketball 5:30pm – 8pm Yoga 6:30pm – 7:30pm	Konnected Thru Karate 7pm - 8pm	Know how to lead a group exercise class? Want to get paid to do so?  Come talk to us!	

All programs are currently free of charge. A one-time registration is required. League Play and Yoga requires a fee.



55+ Senior Basketball\*\*: 55 or older? Come and join us for half court pickup games. Play as little or as much as you'd like!

Adult 5 v 5 Basketball+: Full court pickup games. Bring your competitive side and leave it on the court. Bring your own ball or check out one of ours.

Advanced Pickleball+: Very comfortable with your skills in Pickleball? Rate yourself a 4.0 or higher? Come out for a competitive session on one of our courts. Players rotate through to compete against various players. Bring your own paddle and ball.

All Ages Basketball+: Open for ages 12+. Come work on your skills or bring your friends and play a pickup game.

Beginner Pickleball\*\*: Still learning the rules of Pickleball? Want to play at a slower pace? Join us for Beginner Pickleball in this self-lead activity. Please bring your own paddle and ball.

<u>Intermediate Pickleball</u>\*\*: Already familiar with the rules of Pickleball? Rate yourself a 3.0 or higher? Come out for a competitive session on one of our courts. Players rotate through to compete against various players. Bring your own paddle and ball.

Konnected Thru Karate\*\*: Join Instructor Terry to be introduced to Karate in a fun way. All participants 5 and older are welcome, adults are encouraged. Prior registration is required for this free program.

Open Volleyball+: Come and work on your skills or get with a few friends and play a pickup match. Nets and balls will be provided.

<u>Pickleball Leagues</u>: Groups for 2.0-2.5 and 3.0-3.5. Requires a registration and there is a fee to participate. Bring your own paddle, balls will be provided. Registration is required PRIOR to league start.

Yoga: Come and relax with us and Kentucky Yoga Initiative. Class requires prior registration and a fee. Sign up for the entire session or pay a drop in fee each time you participate.

- +Sign in for each visit
- \*\*Programs are free of charge. A one-time registration is required.

Visit <u>www.bestparksever.com</u> to register for our programs